

UKTJA - Record of Training (Grade) (6th Dan) (Senior Level 6)



Students Name:	Club:
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Description:	Date	Date	Date	Date	Date	Met / Not Met
Jo-no-bu (2) Jo-no-Tsukai-Kata (Jo against hand)						
Migi sumi otoshi						
Migi sumi gori hidari sumi otoshi						
Tekubi kime (gori) shomen tsuki						
Mae otoshi						
Shiho nae gyaku kaiten nage						
Ude kujiki						
Kokyu nage						
Tachi Tai Tachi (Sword against Sword)						
Ai uchi men						
Hidari men						
Migi men						
Tsuki						
Do						
Kote nuki kote						
Kaeshi men						
Hasso waki gamae						

Instructor's Signature:	Date:	Student's Signature:	Date:
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