

UKTJA - Record of Training (Grade) (5th Dan) (Senior Level 5)



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| Students Name: | Club: |
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| Description: | Date | Date | Date | Date | Date | Met / Not Met |
|---|------|------|------|------|------|---------------|
| Tachi - dori (Hand against sword) | | | | | | |
| Mae otoshi | | | | | | |
| Shiho naga | | | | | | |
| Ai gamae ate | | | | | | |
| Oshi taoshi | | | | | | |
| Hiji kujiki | | | | | | |
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| Jo-no-bu (1) Jo-dori (Hand against Jo) | | | | | | |
| Gyaku gamae ate | | | | | | |
| Shomen ate | | | | | | |
| Hishigi | | | | | | |
| Renraku waza hiji hishigi | | | | | | |
| Irimi mae otoshi | | | | | | |
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| Instructor's Signature: | Date: | Student's Signature: | Date: |
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